

POLICY—300.3—SCHOOL WELLNESS		
	POLICY NUMBER: 300.3	ADOPTED: 8.18.2015
	RESCINDS: EF; EFE	ADOPTED: 6.13.06; 1.27.09
<u>BOARD POLICY</u>		
<p>1. The Board of Education is committed to a school environment that enhances student learning and encourages lifelong wellness by promoting nutrition education, physical activity, and other school-based activities as part of the educational experience. The intent of this policy is to assist schools to evaluate, establish, and maintain healthy environments, and to provide transparency to the public on key areas that affect the nutrition environment in each school. As an integral part of promoting student wellness, Canyons School District is committed to compliance with federal and state laws and local requirements for Child Nutrition standards and programs, including the adherence to student health, food safety and security guidelines.</p> <p>2. The Board authorizes the Superintendent and District Administration to develop administrative regulations consistent with this policy, subject to review and approval by the Board.</p>		
	ADMIN REG: 300.3-1	ADOPTED: 8.18.2015
<u>ADMINISTRATIVE REGULATION—300.3-1: (District Wellness Committee and Implementation and Evaluation)</u>		
<p>1. The Superintendent or his/her designee will appoint a District Wellness Committee.</p> <p>1.1. The District Wellness Committee shall include parents, students, the Director of Nutrition Services, teachers, District nurses, educational support staff (ESP) employees, a designee of the School Board, school administrators, and the public.</p> <p>1.2. The District Wellness Committee shall regularly monitor the overall effectiveness of the School Wellness policy and recommend policy or procedural modifications that will positively impact student wellness.</p> <p>2. School Implementation and Evaluation</p> <p>2.1. One or more persons, designated by the school’s principal, with input from the School Community Council, and the principal shall evaluate the school’s compliance with the District’s School Wellness policy and submit a compliance report to the Superintendent or designee prior to the end of each school year.</p>		



	ADMIN REG: 300.3-2	ADOPTED: 8.18.2015
--	------------------------------	------------------------------

ADMINISTRATIVE REGULATION—300.3-2: (Vending Machines)

1. All agreements for vending machines will be in a written contract and approved by the Board of Education.
2. Schools shall follow accepted accounting procedures, including accepted uses of vending machine income, periodic reports of vending machine receipts and expenditures as outlined in the District’s Accounting Manual.

	ADMIN REG: 300.3-3	ADOPTED: 8.18.2015
--	------------------------------	------------------------------

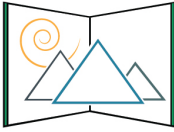
ADMINISTRATIVE REGULATION—300.3-3: (Nutrition Education and Guidelines; Standards for Selling Food Outside of the Reimbursable Meals)

1. Child nutrition programs shall be accessible to all students and comply with federal, state, and local requirements.
 - 1.1. Schools shall include strategies to increase participation in school meals program including, but not limited to:
 - 1.2. Schools shall ensure adequate time to eat: After obtaining food, student will have at least 20 minutes to each lunch.
 - 1.3. Free drinking water will be made available through the school day. Student will be made aware of the availability of water during meals.
2. Sequential and interdisciplinary nutrition education shall be provided and promoted.
 - 2.1. Each school will see the USOE core standards for health are taught in grades K-12.
 - 2.2. Nutrition education shall be encouraged in other content areas, in the home, and the community.
3. Nutrition guidelines for all foods on campus:
 - 3.1. All foods made available on campus will adhere to food safety and security guidelines.
 - 3.2. In order to promote student health and reduce childhood obesity, and pursuant to the Healthy, Hunger-Free Kids Act of 2010 and the Smart Snack Rule, the District shall abide by nutrition guidelines for all foods and beverages made available to students on campus during the school day as outlined in Policy—Exhibit—1—Smart Snack Campus Guidelines and Memo.

	ADMIN REG: 300.3-4	ADOPTED: 8.18.2015
--	------------------------------	------------------------------

ADMINISTRATIVE REGULATION—300.3-4: (Physical Education and Physical Activity)

1. Physical education will be provided and promoted as follows:
 - 1.1. Each school will teach the physical education core in grades K-12. Physical



education will be encouraged through physical education activities in other content areas, in the home and the broader community.

- 1.2. Each school shall meet state standards for physical education for elementary and secondary education.
 - 1.3. Physical education instructors shall be trained and certified according to state standards.
 - 1.4. Schools are encouraged to implement a variety of physical activity courses aimed at improving student confidence, fitness levels, motor and self-management skills (e.g., circuit training, weight training, dance, yoga, etc.).
 - 1.5. In addition to PE and daily recess, elementary licensed staff and educational support professionals (ESPs) are encouraged to provide periodic opportunities for physical movement in the classroom. The district will maintain a list of resources for brain breaks, stretches and energizers.
2. Enrollment in secondary physical education courses will not exceed the number of students that space and equipment can safely accommodate.
 3. Equipment and supplies will be available to students to participate in structured physical activities.
 4. Administrators and teachers should refrain from using restriction from physical activity as a punishment.

ADMIN REG:
300.3-5

ADOPTED:
8.18.2015

ADMINISTRATIVE REGULATION—300.3-5: (Other School Based Activities)

1. School activities shall be consistent with the nutrition guidelines outlined in this policy.
2. District encourages its partners who run after-school programs to promote physical activity and the formation of healthy habits.
3. These policy guidelines shall be considered when planning school-based activities (e.g., school events, field trips, dances, assemblies, etc.).

EXHIBITS

Policy—Exhibit—1—Smart Snack Campus Guidelines and Memo.

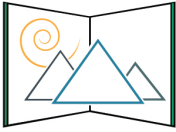
REFERENCES

None

FORMS

None

CANYONS BOARD OF EDUCATION



CANYONS
School District

**CANYONS SCHOOL DISTRICT
POLICY MANUAL**

This online presentation is an electronic representation of the Canyons School District's currently adopted policy manual. It does not reflect updating activities in progress. The official, authoritative manual is available for inspection in the office of the Superintendent located at 9150 South 500 West Sandy, UT 84070.